



Sustainability
Mindset
Indicator

smindicator.com

**Learn how to embed the
Sustainability Mindset Principles
into teaching or coaching.**

SUSTAINABILITY MINDSET PRINCIPLES

ACTION LAB

For Educators and Coaches



Dr. Isabel Rimanoczy
Facilitator



Dr. MaryGrace Neville
Facilitator

In this online, hands-on Workshop participants alternate learning, trying out, exchanging and debriefing.



20-Hour Course

This 20-hour course is divided into:

- 15 hours of facilitated workshops, in five 3-hour sessions each held 14 days apart
- 5 hours of independent assignments, about 1 hour between sessions, ending with a final reflective essay. Each builds on the last, so complete them as you go, not all at the end.

New: A Fifth Session with Real SMI Data

The Action Lab now has five sessions instead of four, and the new one uses real cohort data:

- Take the SMI yourself, with a free license (a \$100 value) included in your registration
- Receive and interpret your SMI results and your cohort's Instructor Report, as for your own group
- Learn how to use the SMI Resource Workbooks to plan responses to what the cohort data shows

Registration

Individual: USD 450

Early Bird (register before November 15, 2026): USD 390

In Company / Institution: USD 7,000 (max 40 participants)

Not included: SMI Resource Workbooks (required; purchase or borrow your own copies)

Check current dates and reserve your space:

<https://smindicator.com/training-educators/smp-action-lab/>

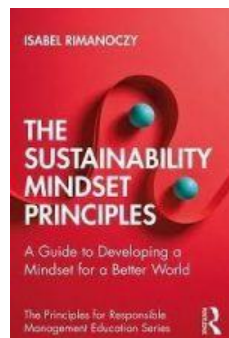
Participants receive a Sustainability Mindset Principles Action Lab Diploma.

Reading Material

Suggested reading material:

The Sustainability Mindset Principles

by Rimanoczy, I.



Required reading material:

The SMI Resource Workbook.

Separate editions for Educators and Coaches.





Learning outcomes

- Recognize the 12 Sustainability Mindset components in daily life, decision-making and thinking
- Gain a vocabulary for describing the mindset components you can develop
- Build self-awareness by exploring the thinking processes, mental models and worldviews underlying your daily interactions
- Identify how your thinking processes affect sustainability
- Choose which aspects of your mindset to develop, and how
- Find strategies and resources to develop your own and your audience's Sustainability Mindset
- Understand how certain aspects of the mindset lead to unsustainable behaviors
- Discover how the Sustainability Mindset Principles can accelerate a mindset shift

Understanding the Sustainability Mindset Principles matters

- The environmental and social challenges shape a new scenario for all professions. What competencies are educators and coaches developing in the people they serve, to help them succeed in this new world?
- Educators and coaches have an opportunity to expand their impact by addressing the foundations of our behaviors, which arise through the mindset.
- To do so, they first need self-mastery of their own mindset: How might they be unintentionally contributing to the problems?
- How can we intentionally shape a better world that works for all?
- How can we accelerate change by developing a new generation of sustainability-minded people and professionals?